

2026 Regionals TENTATIVE Schedule

as of: 2/10/26

Wednesday, March 25

Official training at venue (**Level 7 - 10 only**)

Gym A & B - is scheduled as follows:

Session 1	3:30pm - 5:00pm	AZ, NV, UT
Session 2	5:00pm - 6:30pm	Nor Cal
Session 3	6:30pm - 8:00pm	So Cal, HI

Thursday, March 26

Session	Approx Start	Level
Session 1	8:00am	Technical Sequence
Session 2	11:20am	Level 7 (all ages)
Session 3	4:05pm	Level 9 (16-19)
<i>7:30pm</i>		<i>competition end</i>

Saturday, March 28

Session	Approx Start	Level
Session 7	8:00am	Level 5 (all ages)
Session 8	1:00pm	Level 8 (all ages)
Session 9	6:00pm	Level 6 (all ages)
<i>9:05pm</i>		<i>competition end</i>

Friday, March 27

Session	Approx Start	Level
Session 4	8:00am	Level 9 (14-15)
Session 5	11:30am	Level 10 (16-17)
Session 6	3:45pm	Level 10 (18-19)
<i>7:00pm</i>		<i>competition end</i>

Sunday, March 29

Session	Approx Start	Level
Session 10	8:00am	Level 4 (7-10)
Session 11	12:30pm	Level 4 (11-19)
<i>4:15pm</i>		<i>competition end</i>

Notes: Levels and age groups have now been set on which session they will be competing in.

8:00am start times are FINAL; all others are plus or minus 30 min.

You can now make travel arrangements based on this schedule.

Start times might change when final numbers come in after ALL State Championships.

The FINAL Schedule will be posted mid March (this will have the final start times).